



## Health Policy

Our Health policy is together with the Safety & Environmental – protection policy based on traditional shipping and offshore experience and qualified employees in all positions, both on board and ashore, who shall participate to get our company up as a leader in Health, Safety and Environmental matter.

“Our HSE culture shall reflect that we are always watching out for the unexpected, that we will manage and control risk, understand what we are doing, and always be open to proposals and improvements.

We believe in improving attitudes by influencing the individual employee, so that the organisation can be systematically steered towards a good and forward-thinking safety culture and so that HSE is in focus in everything we do.”

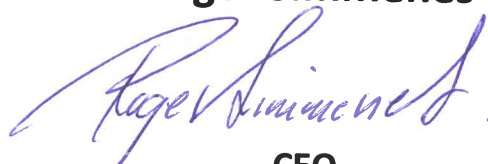
Health and avoiding sick leave in our organization is one of our main KPI's, and to keep the sick leave low is health and welfare the most important part.

1. Health, Safety, and Environment are keywords within the organization, and shall be visible in all aspects of our activities.
2. All our employees shall have focus on their own health, and participate in the company's health campaigns.

3. HSE is a management responsibility, both on board and ashore, and shall therefore through organized activities make sure that every employee has a safe and secure working environment.
4. The company organization shall through this policy secure that the company's goals are achieved by:
  - Focus on healthy food, on-board and ashore
  - Perform health campaigns every month of the year
  - Give all employees training in health and how we all shall have focus on our own, and our colleagues' health.
  - Necessary equipment and resources available to have the correct focus
  - Well functioned welfare club with health focus and focus in arrange health bringing competitions, etc.
  - All our employees shall comply with offshore health requirements, and shall participate in annual measuring.

Responsibility for complying with the company QHSE policy is individual and personal to all employees from the Managing Director to each individual at the work site.

**Roger Simmenes**



**CEO**